

Sweetie-licious™

Sweetie News – Summer 2009



Good Food, Good Deeds Good Lives... by Linda Hundt

Welcome, welcome, welcome to our Sweetie-licious newsletter. Our mission is to celebrate home-life through stories of good food, good deeds, and good lives. Each issue will also include a delicious recipe. I'm thrilled to share my treasured library of recipes, stories and traditions with you all! So friends, here's to making our lives meaningful, our homes happy, and our palates joyous!

Gosh, summer is finally here! Mostly, when I think of summer I think of being a kid. Summers and children are a match made in heaven. The summer creates an ambience that no other season can duplicate... the freedom, the innocence, the magic, the excitement, the restlessness, but mostly the simplicity.

As a kid foodie, I loved the simple dinners of the summer, in that there was no formal dinner "time" or dinner "rules." It was whenever Mom got to it and whatever Mom decided to make. It could be pancakes or scrambled eggs or grilled hot dogs or just fruit and vegetables. We always ate plenty of fresh fruits and vegetables and ate delicious in-season Michigan produce and even as I kid I loved this concept. For example, when it was corn season we ate fresh corn every night and had fried corn, corn chowder and corn pudding in between.

My personal favorite was strawberry season as it was my Daddy's favorite too! For you see, my dear mother would make strawberry shortcake several times a week for dinner. Yes, my sweet dream came true one season of the year as we had "dessert for dinner"!!! It was truly a perfect meal to me, as she made lovely tender biscuits the size of softballs to tear open and drown with ladles of sweetened Michigan strawberries. The best part was that we could have as much as we wanted, second, sometimes even third helpings!! The combination of the buttermilk biscuit and the juicy

fruit is unbeatable. I make these for my family when Felzke Farm strawberries are ready. I know I am just as elated as the rest of the family for our first "dessert for dinner" of the season.

The summer newsletter has so many wonderful events to celebrate, Father's Day, July 4th and of course, summer vacations! I wish I had room to write pages about them all, but a few lines will have to do!



Let's wish all of our wonderful fathers whether they are still with us or not, many blessings of gratitude for being the loving, insightful, humble heroes that they will always be! Happy Father's Day to you all and a special shout-out to my beloved daddy, Ben McComb! I am the luckiest daughter ever!

Happy Birthday America and a true heartfelt thank you to all of our military folks for being our pillars of strength today and throughout the ages!!

Eat Pie & Love Life... Linda



Grandma Ferrell's Strawberry & Cream Pie

My mother grew up in rural West Virginia and every year their little town hosted a very popular Strawberry Festival. The festival attracted people from around the state - perfect for my Grandmother Ferrell who owned an old boarding house with a small, but adorable restaurant on the back porch. In the early summer when strawberries were in season and the festival was in full swing, Grandma's house was bustling with guests. People loved to stay there because not only was she a warm and loving hostess, but she happened to make the best Strawberry & Cream pie in the state. They lined up the street for her tender crust, creamy filling and sweet berry slice of heaven. Her beautiful personality and perfect pie made people come again and again to enjoy my Grandmother's charm and baking talents. Eat pie and be charming. ©

108 N. Bridge Street, DeWitt, MI 48820
517-669-9300 sweetie-licious.com

Sweetie News



Another big thanks to all of you for all the congratulatory cards and letters and wonderful messages on Facebook for our big win. If somehow you missed the big news Sweetie-licious won 5 first place awards as well as the \$5000.00 Best of Show at the Crisco National Pie Championships/Food Network Pie Challenge last month in Orlando. We are still over the moon about it and will be...probably forever!

A big thank-you to Kim Schneider from Booth News for publishing a charming article on our shop that ran in various newspapers across the state. It has been simply wonderful to meet all the lovely people from all over Michigan visiting our quaint little bakery café.

A big congratulations to our wonderful 2009 DeWitt Sweetie-licious Seniors...Bre Kellogg, Liz Smith, Emily Carter, Chelsea Speas, Maria Thelen, and Kayli Pioszak. They all know how much I love them and what a difference they have made at the shop, loving the customers as they do. I am so proud of our newest round of pie dough rollers as they go off to college... I will miss them all immeasurably come September.

Grandma Ferrell's Buttermilk Biscuits



These biscuits are pretty close to my Grandma Ferrell's recipe (she wrote very few recipes down). When we would go visit her on her West Virginia farm she

always made plenty of these every morning for breakfast along with sausage gravy, fried apples and plenty of farm fresh eggs. However, my favorite way to eat these is smothered with sweetened Michigan strawberries and fresh whipped cream!

Sift together:

- 2 C. flour
- 1/2 tsp. salt
- 3 tsp. baking powder
- 1/2 tsp. baking soda

Cut in:

- 1 Tbsp. of Crisco shortening
- 2 Tbsp. cold butter

Add:

- 3/4 C. of buttermilk

After sifting dry ingredients and cutting shortening/butter in flour mixture with pastry blender, add buttermilk to flour mixture, tossing lightly to keep biscuit light and airy. Knead dough 6 times on floured board. Roll to 3/4 inch thickness. Cut out with large biscuit cutter. Place on greased pan so biscuits barely touch. Brush with melted butter. Bake for 12 minutes at 450 degrees. Feel free to double the recipe for plenty of biscuits!

*America, America!
God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!
-- Katherine Lee Bates*

About Linda...



Linda resides in a century old farmhouse with her sweet husband and two lovely teenage daughters. She is the owner of Sweetie-licious Bakery Cafe in DeWitt MI. She was the grand prize winner at the 2009, and a first place winner at the 2008 & 2007 National Pie Championships. Linda is a Board Member of the CMU College of Business, Entrepreneurial School, and the 2009 Athena Power-Link recipient. She is also the co-founder of the Downtown DeWitt Farmers Market.



108 North Bridge St. DeWitt, MI 48820
(517)669-9300 www.sweetie-licious.com