

Sweetie-licious™

Sweetie News – Thanksgiving 2009



Good Food, Good Deeds Good Lives... by Linda Hundt

Welcome, welcome, welcome to our Thanksgiving Sweetie-licious newsletter. Our mission is to celebrate home-life through stories of good food, good deeds and good lives. Each issue will also present a delicious and simple recipe. I am thrilled to share my treasured library of recipes, stories and traditions with you all! So friends, here is to making our lives meaningful, our homes happy and our palates joyful!

I love Thanksgiving. The expectations are simple and lovely. For what can top an amazing dinner with family and friends? I also love Thanksgiving because most people across the nation are celebrating in very similar ways and keeping family traditions alive. I know in our family that traditions run deep on both sides. Of course, the food is paramount.

Every year my sister-in-laws get together and make Mom Hundt's homemade stuffing. My husband's family is large, so we make loads of food (so there are enough for leftovers for us all). We have such a special time together while cutting onions, celery and bread cubes. There is lots of happy talk and silliness. One of my favorite traditions is when any of us say the word "time" in normal conversation we all burst out singing that famous line from the Simon and Garfunkel's song, Scarborough Fair "Parsley, Sage, Rosemary and Thyme." It is silly, fun, certainly a tradition, and now something I do at the shop, as it always makes me think of my dear sister-in-laws.

On my side of the family, holidays have always been about my mother's amazing pies. Growing up, I remember watching and eventually helping her make numerous, festive pies for the holiday. This was very special to me as I loved dessert so, so the notion of having various kinds of pie to pick from was a complete delight. Now that I have my own pie shop, I split the pie making with Mom to ensure we keep up

the tradition of having lots of delicious pies on such a lovely holiday.

I encourage all of you to keep traditions and/or make up new ones this Thanksgiving Day to ensure many generations keep these treasured traditions close to their hearts. I am so grateful to all who are reading this! Happy Thanksgiving!

Eat Pie & Love Life... Linda



Caramelized Yams & Apples



- 1 large can of cooked yams – drained
- 3 medium to large apples, cored, peeled, sliced – I prefer Ida Reds
- 1 Tbsp. minced onion
- 1 Tbsp. minced fresh sage
- 1 stick butter – cut in half
- ½ C. brown sugar
- 2 Tbsp. flour
- salt and pepper to taste
- 1 C. miniature marshmallows

Drain yams and place in large mixing bowl. Cook 1/2 stick of butter, onions, sage and apples on medium heat in medium sized saucepan. Cook until slightly browned and tender. Pour into large mixing bowl with drained yams. Add the remaining butter, flour and brown sugar to saucepan. Cook and stir until melted. Pour over apples, onions and yams. Carefully mix all together. Place in buttered, covered medium casserole dish. Bake at 350 for 30 minutes. Uncover and place marshmallows on top. Bake for 5 - 10 more minutes until marshmallows are slightly browned. Cover until ready to serve.

"Changing the World One Pie at a Time" A Sweetie-licious Project



We at Sweetie-licious truly believe that we can change the world one pie at a time, and we'd like all our customers, friends, and fans to help us make that happen. "Changing the World One Pie at a Time" is a Sweetie-licious project that's designed to reward great people doing great things, with great pie. It's simple really. There are so many folks who understand the importance of loving one another and who willingly help friends and strangers. We want to reward these folks, and their wonderful acts of kindness, with great pie! So what we're proposing is this... if you know of a kind-hearted soul who's gone out of their way to make your (or someone else's) day or who did something extraordinary to help you, we want to hear about them.

Too often good news is ignored and the good guy finishes last... but not any more! We at Sweetie-licious want to gift these folks with a piece of our award-winning pie. Eating pie is the perfect way to celebrate and most folks enjoy pie like no other dessert. (In fact all other desserts pale in comparison.)

Our hope is that those folks who selflessly give of themselves, will, after being gifted with pie, do the same for another person... one gift leading to yet another gift, and then another... So, let's get started by spreading the word and getting these kind folks nominated. You can do it two ways. You can stop into the store and fill out a nomination form (and deposit it into the special pie box we've created for just that purpose) or you can email us. (Please include your name, the person's name, both your and their contact information, and description of the wonderful thing they did.) We'll review all nominations and gift as many people as we financially can.

For those not of you in the Sweetie-licious delivery area, our project's goal is that all great people doing

great deeds, regardless of location, should be rewarded with great pie. We ask that you either make your own delicious pies or find and purchase the best pies in your area to give as "pies of thanks". For pie is simply the best food form of gratitude there is. So people... start nominating sweet folks who've done thoughtful things. Let's make "Changing the World One Pie at a Time" a national movement!

Sweetie News



Thanks to Parade Magazine for the upcoming article on our Food Network's Amazing Pie Challenge's \$5000.00 Best of Show winner, Tom's Cheery Cherry Cherry Berry Pie. More people will now get to read about an amazing man and how he inspired others and continues to do so. Yes, we are changing the world one pie at a time!

We had a great time sharing yummy Sweetie-licious treats at some lovely events the past few months; Dessert with Business Leaders Session, The March of Dimes Chef Action, Potter Park Zoo Party and The Greater Lansing Business Monthly Showcase.

How cute was our own little Sweetie-licious girl, Nicole Rowden declaring in the Lansing State Journal how much she liked working here at our little pie shop Nicole was chosen as LSJ's High School Volleyball Player of the Week last month. Congrats Nicole!

Our Christmas and Holiday baked goods and pies are perfect gifts for your loved ones. Order early and often to make that special someone feel the Sweetie-licious holiday love!

About Linda...



Linda resides in a century old farmhouse with her sweet husband and two lovely teenage daughters. She is the owner of Sweetie-licious Bakery Cafe in DeWitt MI. She was the grand prize winner at the 2009, and a first place winner at the 2008 & 2007 National Pie Championships. Linda is a Board Member of the CMU College of Business, Entrepreneurial School, and the 2009 Athena Power-Link recipient. She is also the co-founder of the Downtown DeWitt Farmers Market.



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