

Sweetie-licious

Good Food, Good Deeds, Good Lives!

Our FALL 2013 Sweetie-licious Newsletter

I am thrilled to share my treasured library of recipes, stories, and traditions with you all! So friends, here is to making our lives meaningful, our homes happy and our palates joyous!

Welcome Fall Bounty! I am always thrilled to soak up all the changes of seasons that our great state of Michigan offers, but for me, autumn always steals the show. I think most would agree that fall's visual beauty is magical, its crisp weather perfect, and its bounty beautiful! But what really puts the fall season over the top is its delicious comfort food!

I believe that apples are America's sweetheart fall fruit for many reasons, but mostly because everything made with an apple is always, always comforting! Who doesn't feel warm and fuzzy while eating a piece of cinnamon and buttery apple pie; or happy and healthy eating a juicy, just picked, Honeycrisp apple; or loved and comforted by a warm piece of moist applesauce cake? No matter how you eat them, apples exude all that is good in the wonderful world of autumn!

A tradition in our family is to make apple cider on our farmette at our annual Harvest Home Fall Party. We have a 150- year-old apple press and a small antique apple



orchard that together makes the most delicious sweet and tart apple nectar around!

I am not sure one could ever say enough about the quintessential apple pie. Homemade apple pies, like your mother, grandmother, and Sweetie-licious make, are rare and delightful, and always only a delicious memory away. I think Della Lutes said it best in her 1938 book, The Country Kitchen, "My mother's apple pie was beyond description. For when the pie was done, it was a masterpiece of culinary art. With the edge of the oven's heat taken off...here was a dish which the average citizen of any country rarely meets."

Savor the autumn bounty...

Eat Pie and Love Life " Linda

*"Autumn is a second spring
when every leaf is a flower."*

-- Albert Camus

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Mommy's Fried Apples

My mother always made these apples for country breakfasts, for special holidays, and when company came! I still love them!

5 medium - large apples
(Spies, Ida Reds, Cortlands)
2 Tbsp. butter
2 Tbsp. apple cider (or water)
¼ -1/3 C. brown sugar
¼ tsp. salt (or to taste)
Pinch pepper

Mix all ingredients in large non-stick frying pan on low to medium heat. Stir frequently to avoid burning. Cook until tender and caramelized.

News from the Shop...

Cookbook Update— We just received copies of Linda's cookbook, Sweetie-licious Pies. They are now on sale at our two shops, and also online. They're also available in bookstores across the country. We'll soon be announcing upcoming book signings. Check our Facebook page for the latest information!

Grand Rapids Downtown Market – The big news is that our second shop at the Grand Rapids Downtown Market is now open! We are so blessed to be a part of such an exciting venture! We look forward to loving all of our new Western Michigan employees and customers! A special wave of appreciation to Jolana Manino, our Grand Rapids Store Manager! Our new shop is adorable and lots of folks have already visited us. (For our Grand Rapids address, see the bottom of the front page of this newsletter.) We hope you all come and visit us... and visit the other shops in the market as well!

*"Any fool can count the seeds
in an apple. Only God can count
all the apples in one seed."
-- Robert Schuller*

About Linda Hundt ...

Linda resides in a century-old farmhouse with her sweet husband and two lovely daughters, when back from college. She is the owner of Sweetie-licious Bakery Cafe in DeWitt MI. Linda was the "Crisco Innovation" Grand Prize winner in 2011 and won Best-in-Show in 2009...she has won 16 first places at the National Pie Championships since 2007 and has appeared in many national magazines.

Linda has appeared on the Food Network and on the Today Show with Willard Scott. Linda is the co-founder of the DeWitt Farmers Market, a member of the MSU ENet board, and recipient of 2009 Athena Power-Link award. She also writes a seasonal baking column for Michigan Home and Lifestyle magazine.



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