

Sweetie-licious™

Sweetie-licious Bakery Cafe News • Winter 2013

Good Food, Good Deeds, Good Lives!

Welcome to our winter Sweetie-licious newsletter. I am thrilled to share my treasured library of recipes, stories, and traditions with you all! So friends, here is to making our lives meaningful, our homes happy and our palates joyous!

Winter's blessings are bountiful! I love this time of true comfort and joy, as it is abundant in delicious food and home-life all around us. As I gaze out my farmhouse window on to the frozen and snow covered cornfield, I feel instantly comforted. For the comforts and blessings never seem more obvious to me, than in the cold Michigan winters.

For as I write this, I have on my favorite thick, pink sweater on, the fireplace is burning, the heater is at my feet, I am drinking a piping hot cup of clove green tea and eating a warm and delicious Sweetie-licious banana bran muffin. Clearly, my body is filled with warm comfort!

The frosty weather always warms my heart and reminds me of winters long ago from my own childhood and now of my grown children's; sliding down sledding hills, skating on neighborhood ice rinks, snow sneaking into rubber boots, chapped cheeks, and the smell of wet socks and mittens drying on warm house radiators. These joyful memories comfort my soul.



My heart is also comforted by winter's way to celebrate love on Valentine's Day! For what day could be more lovely than a day focused on love? I love this time to seek out old family and friends, and of course, my loves that I hold dear, to send out antique valentine cards. I believe everyone deserves a treasured, handwritten note of love and sentiments!

So as drafty as this old house is while I write, my mind, body, soul, and heart are filled with warm winter love and comfort! I wish all of you the same warm comforts of love and joy this winter, and always!

Eat Pie and Love Life " Linda

"A loving heart is the truest wisdom." -- Charles Dickens

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Melinda's Banana Bread

This recipe is simple to make and is great for giving to friends anytime, or on Valentine's Day. Chocolate chips make it extra special!

½ C. butter, softened
1 ¼ C. sugar
3 large ripe bananas, mashed
1 tsp. vanilla
2 eggs
½ C. buttermilk
1 tsp. salt
1 tsp. baking soda
2 ½ C. flour
½ C. mini chocolate chips

Preheat oven to 325 degrees. Cream butter and sugar till fluffy. Add eggs, beat well. Add vanilla and bananas. Add dry ingredients, alternating with buttermilk until blended. Pour into a greased and floured loaf pan (or mini loaf pans). Bake for 1 hr. or until a toothpick inserted in the middle comes out clean.

News from the Shop...

Winter Treats – Don't forget to order some new yummy treats we created especially for Presidents' Day and Valentine's Day - Cherry Cream Tarts, Lincoln Logs, Linzer Heart Cookies, Chocolate Strawberry Pies, and more! Since January is a quiet time at the bakery we have so much fun creating new "Sweetie" treats, especially our new Go-Go Pies - adorable hand-held pies to eat on the go - they are more than delicious - you will be in love!

Cookbook Update – My cookbook is now in the layout stage. Creating the perfect retro look is one of the most exciting parts of the publication process. It is still on schedule to be published this coming fall.

TV Update – Watch for us the third Thursday each month on "Take Five & Company" on WZZM (Grand Rapids) between 9-10 a.m. (If you aren't in the viewing area, check our Facebook page for the video.) Also look for us on QVC selling our pies at Easter time!

"Let us always meet each other with a smile, for a smile is the beginning of love"
– Mother Teresa

About Linda Hundt ...

Linda resides in a century-old farmhouse with her sweet husband and two lovely daughters, when back from college. She is the owner of Sweetie-licious Bakery Cafe in DeWitt MI. Linda was the "Crisco Innovation" Grand Prize winner in 2011 and won Best-in-Show in 2009...she has won 16 first places at the National Pie Championships since 2007 and has appeared in many national magazines.

Linda has appeared on the Food Network and on the Today Show with Willard Scott. Linda is the co-founder of the DeWitt Farmers Market, a member of the MSU ENet board, and recipient of 2009 Athena Power-Link award. She also writes a seasonal baking column for Michigan Home and Lifestyle magazine.



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